

My Learning Contract

Name: _____

Date: _____

From _____ to _____ I will practise the following at the Self-Access Centre.

(可複選或自行增加)

- Read an audio book
- Read English magazines
- Practise TOEIC mock exams
- Listen to something in English
- Do grammar exercises
- Study a vocabulary book
- Watching movies (用電影自學時限看英文字幕)
- Practise speaking
- Others: _____

Time I have available to work on self-access each week = _____ hours

I plan to do self-access work during the following times each week.

【請先將您的課表寫出來(含課程名稱及教室),再排定自學時段並寫明各時段要進行的自學活動。】

	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 10.00					
10.10 12.00					
12.10 13.20					
13.30 15.20					
15.30 17.20					
17.30 19.30					